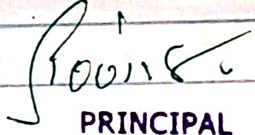


28/1/2022

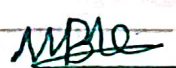
# Awareness Programme

physical education department - arranged an awareness programme on 'YOGA' - Need of the hour. Invited S. Usha Rani, master in Sai Krishna yoga center Rananki, oppala Svarneya Street, Gopinadhapuram, Tekkali, as Resource person on 28/1/2022. He explains what yoga is and how doing yoga can improve physical health and mental health.

1. Dr. T. Govindamma -   
Principal  
PRINCIPAL  
Govt. Degree College  
TEKKALI-532 203

2. Dr. B. Sateesh Kumar -   
vice principal

3. Sri V. Lukepaul -   
Zp Ac. Co-ordinator

4. Sri M. Bala Krishna -   
P.D. Incharge

5. Sri B. Satyanarayana -   
P.D.

G. S. Usha Rani S. Usha Rani

Sri Krishna yoga center

Smt. S. Usha Rani Yoga Trainer addressing the students



Students engaged in Meditation

# Student Name and Signature

|                         |                             |                     |
|-------------------------|-----------------------------|---------------------|
| 1. P. Naveen            | II <sup>nd</sup> MPCS       | P. Naveen           |
| 2. J. Hemalatha         | I <sup>st</sup> year B.COM  | J. Hemalatha        |
| 3. P. Teavan            | B.COM 1 <sup>st</sup> year  | P. Teavan           |
| 4. K. Salya             | B.COM 1 <sup>st</sup> year. | K. Salya            |
| 5. P. Purnapalathu      | B.COM 1 <sup>st</sup> year. | P. Purnapalathu     |
| 6. P. Pushpalathu       | B.COM 1 <sup>st</sup> year  | P. Pushpalathu      |
| 7. V. Hemalatha         | B.COM (Gen)                 | V. Hemalatha        |
| 8. M. Bhavani           | B.COM (Voc)                 | M. Bhavani          |
| 9. R. Jyothi            | B.COM (VOC)                 | R. Jyothi           |
| 10. M. Rakesh           | B.COM (Voc)                 | M. Rakesh           |
| 11. P. Ashok            | B.SC II year                | P. Ashok            |
| 12. G. Jayabhishek      | B.SC I year                 | G. Jayabhishek      |
| 13. G. Neeraja          | B.SC I year                 | G. Neeraja          |
| 14. G. Bhavani          | B.SC 1 <sup>st</sup> year   | G. Bhavani          |
| 15. S. Mounika          | BSC I <sup>st</sup> year    | S. Mounika          |
| 16. K. Karishma         | BSC I <sup>st</sup> year    | K. Karishma         |
| 17. S. Venk             | BSC I <sup>st</sup> year    | S. Venk             |
| 18. R. Sivareng Krishna | BSC 1 <sup>st</sup> year    | R. Sivareng Krishna |
| 19. K. Lakshman         | BSC 1 <sup>st</sup> year    | K. Lakshman         |
| 20. P. Rajkumar         | 11                          | P. Rajkumar         |
| 21. A. Jagadeeswararao  | 11                          | A. Jagadeeswararao  |
| 22. G. Goudam           | BSC I <sup>st</sup> year    | G. Goudam           |
| 23. R. Rejoice          | 1 <sup>st</sup> BCom        | R. Rejoice          |
| 24. T. Avela            | 11                          | T. Avela            |
| 25. D. Vasanth          | 2 <sup>nd</sup> MPC (B.SC)  | D. Vasanth          |
| 26. B. Vasanth          | 11                          | B. Vasanth          |
| 27. S. P. Yamuna        | 11                          | S. P. Yamuna        |